



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Klinder, Ingolf

Club: Reinbek
Number: 211

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:59:58

Speed: 13.10 km/h
Running performance: 4:35 min/km

Rank in course/Total: 13 (of 418)

Rank in course/Men: 13 (of 336)

Best time in course: 1:39:59

Rank in category: 7(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:00	4:32	7	1:34	23	3:00	3.30	15:00	4:32	7	1:34	23	3:00
Schlüsie	3.10	16:07	5:11	6	0:47	19	2:40	6.40	31:07	4:51	6	2:21	19	5:40
Hermannsklippe	2.60	14:02	5:23	6	0:54	18	2:14	9.00	45:09	5:00	6	2:58	19	7:54
Brocken	3.10	22:30	7:15	5	1:37	14	4:20	12.10	1:07:39	5:35	6	3:44	17	12:14
Eiserner Handwe	3.60	14:27	4:00	6	0:48	11	2:25	15.70	1:22:06	5:13	6	3:49	15	14:39
Schlüsie	4.10	13:55	3:23	6	1:12	14	2:23	19.80	1:36:01	4:50	7	4:21	14	17:02
Loddenke	3.10	11:30	3:42	4	0:24	8	1:32	22.90	1:47:31	4:41	5	4:45	10	18:34
Ilseburg/Markt	3.30	12:27	3:46	3	0:08	6	1:25	26.20	1:59:58	4:34	7	4:52	13	19:59