



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Hedderich, Thomas

Club: NSV Wernigerode
Number: 157

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:03:51

Speed: 12.60 km/h
Running performance: 4:44 min/km

Rank in course/Total: 22 (of 418)

Rank in course/Men: 21 (of 336)

Best time in course: 1:39:59

Rank in category: 5(of 29)

Best time in the category: 1:55:18

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 14:52 | 4:30 | 4 | 1:14 | 17 | 2:52 | 3.30 | 14:52 | 4:30 | 4 | 1:14 | 17 | 2:52 |
| Schlüsie | 3.10 | 16:38 | 5:21 | 6 | 1:13 | 23 | 3:11 | 6.40 | 31:30 | 4:55 | 6 | 1:54 | 22 | 6:03 |
| Hermannsklippe | 2.60 | 14:36 | 5:36 | 6 | 0:59 | 25 | 2:48 | 9.00 | 46:06 | 5:07 | 6 | 2:29 | 24 | 8:51 |
| Brocken | 3.10 | 22:50 | 7:21 | 5 | 1:51 | 21 | 4:40 | 12.10 | 1:08:56 | 5:41 | 6 | 3:15 | 22 | 13:31 |
| Eiserner Handwe | 3.60 | 15:27 | 4:17 | 5 | 2:24 | 27 | 3:25 | 15.70 | 1:24:23 | 5:22 | 6 | 4:19 | 22 | 16:56 |
| Schlüsie | 4.10 | 14:50 | 3:37 | 5 | 2:05 | 35 | 3:18 | 19.80 | 1:39:13 | 5:00 | 5 | 6:24 | 22 | 20:14 |
| Loddenke | 3.10 | 11:37 | 3:44 | 1 | - | 9 | 1:39 | 22.90 | 1:50:50 | 4:50 | 4 | 3:20 | 16 | 21:53 |
| Ilseburg/Markt | 3.30 | 13:01 | 3:56 | 1 | - | 11 | 1:59 | 26.20 | 2:03:51 | 4:43 | 5 | 8:33 | 21 | 23:52 |