



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Spierling, Nico

Club: Meilenweit Potsdam
Number: 389

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:07:02

Speed: 12.28 km/h
Running performance: 4:51 min/km

Rank in course/Total: 27 (of 418)

Rank in course/Men: 25 (of 336)

Best time in course: 1:39:59

Rank in category: 2(of 22)

Best time in the category: 1:59:13

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:20	4:38	3	2:12	25	3:20	3.30	15:20	4:38	3	2:12	25	3:20
Schlüsie	3.10	16:11	5:13	2	0:41	20	2:44	6.40	31:31	4:55	3	1:29	23	6:04
Hermannsklippe	2.60	14:18	5:30	2	0:37	22	2:30	9.00	45:49	5:05	2	2:06	22	8:34
Brocken	3.10	22:41	7:19	2	0:17	17	4:31	12.10	1:08:30	5:39	2	2:23	21	13:05
Eiserner Handwe	3.60	16:05	4:28	2	1:16	42	4:03	15.70	1:24:35	5:23	2	3:39	24	17:08
Schlüsie	4.10	15:54	3:52	6	1:30	63	4:22	19.80	1:40:29	5:04	2	5:09	24	21:30
Loddenke	3.10	12:45	4:06	5	1:30	36	2:47	22.90	1:53:14	4:56	2	6:39	18	24:17
Ilseburg/Markt	3.30	13:48	4:10	3	1:10	24	2:46	26.20	2:07:02	4:50	2	7:49	25	27:03