



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Reinecke, Frank

Club: Brockenlaufverein
Number: 250

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:08:52

Speed: 12.20 km/h
Running performance: 4:55 min/km

Rank in course/Total: 32 (of 418)

Rank in course/Men: 30 (of 336)

Best time in course: 1:39:59

Rank in category: 4(of 43)

Best time in the category: 1:59:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:57	4:31	1	-	20	2:57	3.30	14:57	4:31	1	-	20	2:57
Schlüsie	3.10	17:12	5:32	3	1:25	27	3:45	6.40	32:09	5:01	2	0:59	26	6:42
Hermannsklippe	2.60	15:24	5:55	4	1:52	36	3:36	9.00	47:33	5:16	2	2:51	26	10:18
Brocken	3.10	25:22	8:10	4	3:39	41	7:12	12.10	1:12:55	6:01	4	6:30	32	17:30
Eiserner Handwe	3.60	15:05	4:11	2	0:13	21	3:03	15.70	1:28:00	5:36	4	6:43	31	20:33
Schlüsie	4.10	14:48	3:36	7	0:33	33	3:16	19.80	1:42:48	5:11	3	6:44	29	23:49
Loddenke	3.10	12:20	3:58	3	0:53	19	2:22	22.90	1:55:08	5:01	3	7:37	21	26:11
Ilseburg/Markt	3.30	13:44	4:09	3	1:48	23	2:42	26.20	2:08:52	4:55	4	9:25	30	28:53