



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Weisheit, René

Club: Hannover Runners e.V.
Number: 482

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:15:37

Speed: 11.50 km/h
Running performance: 5:11 min/km

Rank in course/Total: 47 (of 418)

Rank in course/Men: 41 (of 336)

Best time in course: 1:39:59

Rank in category: 8(of 60)

Best time in the category: 2:00:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Loddenke	3.30	18:02	5:27	18	3:32	97	6:02	3.30	18:02	5:27	18	3:32	97	6:02
Schlüsie	3.10	17:41	5:42	8	2:06	39	4:14	6.40	35:43	5:34	11	5:38	53	10:16
Hermannsklippe	2.60	15:09	5:49	4	1:15	30	3:21	9.00	50:52	5:39	10	6:53	43	13:37
Brocken	3.10	24:18	7:50	5	1:32	33	6:08	12.10	1:15:10	6:12	7	8:19	38	19:45
Eiserner Handwe	3.60	16:39	4:37	11	2:20	59	4:37	15.70	1:31:49	5:50	7	9:15	39	24:22
Schlüsie	4.10	16:30	4:01	16	2:59	91	4:58	19.80	1:48:19	5:28	9	12:14	44	29:20
Loddenke	3.10	13:19	4:17	9	1:30	48	3:21	22.90	2:01:38	5:18	6	12:21	31	32:41
Ilseburg/Markt	3.30	13:59	4:14	6	1:09	28	2:57	26.20	2:15:37	5:10	8	14:52	41	35:38