



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Weisheit, René

Club: Hannover Runners e.V.
Number: 482

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:15:37

Speed: 11.59 km/h
Running performance: 5:11 min/km

Rank in course/Total: 47 (of 418)

Rank in course/Men: 41 (of 336)

Best time in course: 1:39:59

Rank in category: 8(of 60)

Best time in the category: 2:00:45

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:02 | 5:27 | 18 | 3:32 | 97 | 6:02 | 3.30 | 18:02 | 5:27 | 18 | 3:32 | 97 | 6:02 |
| Schlüsie | 3.10 | 17:41 | 5:42 | 8 | 2:06 | 39 | 4:14 | 6.40 | 35:43 | 5:34 | 11 | 5:38 | 53 | 10:16 |
| Hermannsklippe | 2.60 | 15:09 | 5:49 | 4 | 1:15 | 30 | 3:21 | 9.00 | 50:52 | 5:39 | 10 | 6:53 | 43 | 13:37 |
| Brocken | 3.10 | 24:18 | 7:50 | 5 | 1:32 | 33 | 6:08 | 12.10 | 1:15:10 | 6:12 | 7 | 8:19 | 38 | 19:45 |
| Eiserner Handwe | 3.60 | 16:39 | 4:37 | 11 | 2:20 | 59 | 4:37 | 15.70 | 1:31:49 | 5:50 | 7 | 9:15 | 39 | 24:22 |
| Schlüsie | 4.10 | 16:30 | 4:01 | 16 | 2:59 | 91 | 4:58 | 19.80 | 1:48:19 | 5:28 | 9 | 12:14 | 44 | 29:20 |
| Loddenke | 3.10 | 13:19 | 4:17 | 9 | 1:30 | 48 | 3:21 | 22.90 | 2:01:38 | 5:18 | 6 | 12:21 | 31 | 32:41 |
| Ilseburg/Markt | 3.30 | 13:59 | 4:14 | 6 | 1:09 | 28 | 2:57 | 26.20 | 2:15:37 | 5:10 | 8 | 14:52 | 41 | 35:38 |