



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Heß, Torsten**

Club: LG Rippershausen  
Number: 171

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:20:36

Speed: 11.10 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 65 (of 418)

Rank in course/Men: 59 (of 336)

Best time in course: 1:39:59

Rank in category: 8(of 43)

Best time in the category: 1:59:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:40	5:03	5	1:43	43	4:40	3.30	16:40	5:03	5	1:43	43	4:40
Schlüsie	3.10	19:18	6:13	8	3:31	85	5:51	6.40	35:58	5:37	7	4:48	55	10:31
Hermannsklippe	2.60	17:13	6:37	10	3:41	93	5:25	9.00	53:11	5:54	8	8:29	68	15:56
Brocken	3.10	29:28	9:30	17	7:45	139	11:18	12.10	1:22:39	6:49	10	16:14	89	27:14
Eiserner Handwe	3.60	16:15	4:30	8	1:23	47	4:13	15.70	1:38:54	6:17	10	17:37	73	31:27
Schlüsie	4.10	14:47	3:36	5	0:32	30	3:15	19.80	1:53:41	5:44	9	17:37	63	34:42
Loddenke	3.10	12:36	4:03	4	1:09	29	2:38	22.90	2:06:17	5:30	7	18:46	43	37:20
Ilseburg/Markt	3.30	14:19	4:20	7	2:23	38	3:17	26.20	2:20:36	5:21	8	21:09	59	40:37