



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Matthies, Marco

Club: LSV TriTeam Wolfenbüttel
Number: 267

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:23:33

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 78 (of 418)

Rank in course/Men: 71 (of 336)

Best time in course: 1:39:59

Rank in category: 17(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:49	5:42	31	5:23	147	6:49	3.30	18:49	5:42	31	5:23	147	6:49
Schlüsie	3.10	18:41	6:01	15	3:21	57	5:14	6.40	37:30	5:51	22	8:44	97	12:03
Hermannsklippe	2.60	16:26	6:19	14	3:18	57	4:38	9.00	53:56	5:59	20	11:45	82	16:41
Brocken	3.10	27:36	8:54	20	6:43	82	9:26	12.10	1:21:32	6:44	19	17:37	74	26:07
Eiserner Handwe	3.60	16:24	4:33	13	2:45	54	4:22	15.70	1:37:56	6:14	17	19:39	63	30:29
Schlüsie	4.10	15:47	3:50	14	3:04	57	4:15	19.80	1:53:43	5:44	17	22:03	64	34:44
Loddenke	3.10	13:43	4:25	13	2:37	63	3:45	22.90	2:07:26	5:33	12	24:40	48	38:29
Ilseburg/Markt	3.30	16:07	4:53	17	3:48	94	5:05	26.20	2:23:33	5:28	17	28:27	71	43:34