



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Matthies, Marco

Club: LSV TriTeam Wolfenbüttel
Number: 267

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:23:33

Speed: 10.87 km/h
Running performance: 5:29 min/km

Rank in course/Total: 78 (of 418)

Rank in course/Men: 71 (of 336)

Best time in course: 1:39:59

Rank in category: 17(of 50)

Best time in the category: 1:55:06

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:49 | 5:42 | 31 | 5:23 | 147 | 6:49 | 3.30 | 18:49 | 5:42 | 31 | 5:23 | 147 | 6:49 |
| Schlüsie | 3.10 | 18:41 | 6:01 | 15 | 3:21 | 57 | 5:14 | 6.40 | 37:30 | 5:51 | 22 | 8:44 | 97 | 12:03 |
| Hermannsklippe | 2.60 | 16:26 | 6:19 | 14 | 3:18 | 57 | 4:38 | 9.00 | 53:56 | 5:59 | 20 | 11:45 | 82 | 16:41 |
| Brocken | 3.10 | 27:36 | 8:54 | 20 | 6:43 | 82 | 9:26 | 12.10 | 1:21:32 | 6:44 | 19 | 17:37 | 74 | 26:07 |
| Eiserner Handwe | 3.60 | 16:24 | 4:33 | 13 | 2:45 | 54 | 4:22 | 15.70 | 1:37:56 | 6:14 | 17 | 19:39 | 63 | 30:29 |
| Schlüsie | 4.10 | 15:47 | 3:50 | 14 | 3:04 | 57 | 4:15 | 19.80 | 1:53:43 | 5:44 | 17 | 22:03 | 64 | 34:44 |
| Loddenke | 3.10 | 13:43 | 4:25 | 13 | 2:37 | 63 | 3:45 | 22.90 | 2:07:26 | 5:33 | 12 | 24:40 | 48 | 38:29 |
| Ilseburg/Markt | 3.30 | 16:07 | 4:53 | 17 | 3:48 | 94 | 5:05 | 26.20 | 2:23:33 | 5:28 | 17 | 28:27 | 71 | 43:34 |