



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

John-Bartkowiak, Michael

Club: Ilseburg
Number: 466

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:25:07

Speed: 10.75 km/h
Running performance: 5:32 min/km

Rank in course/Total: 89 (of 418)

Rank in course/Men: 82 (of 336)

Best time in course: 1:39:59

Rank in category: 11(of 29)

Best time in the category: 1:55:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:03	5:28	14	4:25	98	6:03	3.30	18:03	5:28	14	4:25	98	6:03
Schlüsie	3.10	19:32	6:18	14	4:07	96	6:05	6.40	37:35	5:52	15	7:59	101	12:08
Hermannsklippe	2.60	16:59	6:31	14	3:22	84	5:11	9.00	54:34	6:03	14	10:57	95	17:19
Brocken	3.10	27:10	8:45	13	6:11	71	9:00	12.10	1:21:44	6:45	12	16:03	76	26:19
Eiserner Handwe	3.60	17:13	4:46	11	4:10	77	5:11	15.70	1:38:57	6:18	10	18:53	75	31:30
Schlüsie	4.10	16:07	3:55	11	3:22	74	4:35	19.80	1:55:04	5:48	10	22:15	71	36:05
Loddenke	3.10	14:41	4:44	11	3:04	104	4:43	22.90	2:09:45	5:39	7	22:15	57	40:48
Ilseburg/Markt	3.30	15:22	4:39	8	2:21	70	4:20	26.20	2:25:07	5:32	11	29:49	82	45:08