



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Möbius, Hartmut

Club: Hannover 96 Triathlon
Number: 478

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:27:46

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 102 (of 418)

Rank in course/Men: 93 (of 336)

Best time in course: 1:39:59

Rank in category: 12(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:18	5:32	14	1:34	116	6:18	3.30	18:18	5:32	14	1:34	116	6:18
Schlüsie	3.10	19:18	6:13	9	1:04	85	5:51	6.40	37:36	5:52	11	3:08	102	12:09
Hermannsklippe	2.60	16:40	6:24	7	1:00	67	4:52	9.00	54:16	6:01	10	4:08	87	17:01
Brocken	3.10	27:31	8:52	9	3:40	78	9:21	12.10	1:21:47	6:45	8	7:48	78	26:22
Eiserner Handwe	3.60	17:09	4:45	7	1:58	75	5:07	15.70	1:38:56	6:18	8	9:46	74	31:29
Schlüsie	4.10	16:57	4:08	10	1:52	104	5:25	19.80	1:55:53	5:51	8	11:38	79	36:54
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	31:53	9:39	53	18:31	307	20:51	26.20	2:27:46	5:38	12	17:37	93	47:47