



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Ruff, Christoph

Club: Chemnitz
Number: 343

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:27:47

Speed: 10.56 km/h
Running performance: 5:38 min/km

Rank in course/Total: 103 (of 418)

Rank in course/Men: 94 (of 336)

Best time in course: 1:39:59

Rank in category: 8(of 22)

Best time in the category: 1:59:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:01	6:40	18	8:53	286	10:01	3.30	22:01	6:40	18	8:53	286	10:01
Schlüsie	3.10	22:32	7:16	17	7:02	233	9:05	6.40	44:33	6:57	17	14:31	265	19:06
Hermannsklippe	2.60	18:08	6:58	12	4:27	141	6:20	9.00	1:02:41	6:57	16	18:58	225	25:26
Brocken	3.10	25:50	8:19	4	3:26	47	7:40	12.10	1:28:31	7:18	12	22:24	151	33:06
Eiserner Handwe	3.60	16:21	4:32	4	1:32	52	4:19	15.70	1:44:52	6:40	11	23:56	130	37:25
Schlüsie	4.10	16:21	3:59	7	1:57	85	4:49	19.80	2:01:13	6:07	10	25:53	119	42:14
Loddenke	3.10	12:38	4:04	4	1:23	33	2:40	22.90	2:13:51	5:50	7	27:16	76	44:54
Ilseburg/Markt	3.30	13:56	4:13	4	1:18	26	2:54	26.20	2:27:47	5:38	8	28:34	94	47:48