



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Kraska, Doreen

Club: Mrs.Sporty Magdeburg
Number: 224

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:28:41

Speed: 10.57 km/h
Running performance: 5:40 min/km

Rank in course/Total: 110 (of 418)

Rank in course/Women: 11 (of 82)

Best time in course: 2:03:06

Rank in category: 4(of 16)

Best time in the category: 2:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:03	5:46	5	2:19	16	4:10	3.30	19:03	5:46	5	2:19	16	4:10
Schlüsie	3.10	19:38	6:19	3	1:15	9	3:19	6.40	38:41	6:02	4	3:09	14	7:29
Hermannsklippe	2.60	17:27	6:42	4	1:21	11	3:02	9.00	56:08	6:14	4	4:30	11	10:31
Brocken	3.10	29:42	9:34	5	3:56	14	6:52	12.10	1:25:50	7:05	4	8:20	11	17:23
Eiserner Handwe	3.60	18:12	5:03	6	2:53	15	3:09	15.70	1:44:02	6:37	4	11:13	12	20:32
Schlüsie	4.10	16:05	3:55	4	2:00	8	2:09	19.80	2:00:07	6:03	4	13:13	11	21:46
Loddenke	3.10	13:27	4:20	1	-	3	1:43	22.90	2:13:34	5:49	2	1:05	8	20:31
Ilseburg/Markt	3.30	15:07	4:34	1	-	7	2:03	26.20	2:28:41	5:40	4	15:11	11	25:35