



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Vogel, Sebastian

Club: Bad Grund
Number: 428

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:29:20

Speed: 10.45 km/h
Running performance: 5:42 min/km

Rank in course/Total: 115 (of 418)

Rank in course/Men: 103 (of 336)

Best time in course: 1:39:59

Rank in category: 10(of 22)

Best time in the category: 1:39:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:29	4:59	5	4:29	40	4:29	3.30	16:29	4:59	5	4:29	40	4:29
Schlüsie	3.10	20:02	6:27	12	6:35	122	6:35	6.40	36:31	5:42	8	11:04	66	11:04
Hermannsklippe	2.60	18:02	6:56	13	6:14	137	6:14	9.00	54:33	6:03	10	17:18	94	17:18
Brocken	3.10	28:33	9:12	9	10:23	111	10:23	12.10	1:23:06	6:52	9	27:41	94	27:41
Eiserner Handwe	3.60	18:24	5:06	11	6:22	126	6:22	15.70	1:41:30	6:27	9	34:03	100	34:03
Schlüsie	4.10	16:56	4:07	10	5:24	103	5:24	19.80	1:58:26	5:58	10	39:27	99	39:27
Loddenke	3.10	14:37	4:42	7	4:39	100	4:39	22.90	2:13:03	5:48	5	44:06	73	44:06
Ilseburg/Markt	3.30	16:17	4:56	7	5:15	100	5:15	26.20	2:29:20	5:41	10	49:21	103	49:21