



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Elstermann, Mira Valentina

Club: Stapelburg
Number: 816

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 10:11

Speed: 5.89 km/h
Running performance: 5:40 min/km

Rank in course/Total: 68 (of 92)
Rank in course/Women: 22 (of 38)
Best time in course: 7:30

Rank in category: 10(of 16)
Best time in the category: 8:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	5:12	5:46	11	1:04	16	1:04	0.90	5:12	5:46	11	1:04	16	1:04
Ilseburg/Markt	0.90	4:59	5:32	8	0:53	13	0:53	1.80	10:11	5:39	10	1:57	22	2:41