



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Vornkahl, Cord

Club: Premium 1349
Number: 432

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:35:25

Speed: 10.11 km/h
Running performance: 5:56 min/km

Rank in course/Total: 156 (of 418)

Rank in course/Men: 142 (of 336)

Best time in course: 1:39:59

Rank in category: 19(of 54)

Best time in the category: 2:10:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:51	5:24	9	1:07	85	5:51	3.30	17:51	5:24	9	1:07	85	5:51
Schlüsie	3.10	19:39	6:20	11	1:25	104	6:12	6.40	37:30	5:51	10	3:02	97	12:03
Hermannsklippe	2.60	17:26	6:42	14	1:46	105	5:38	9.00	54:56	6:06	11	4:48	101	17:41
Brocken	3.10	30:29	9:50	23	6:38	171	12:19	12.10	1:25:25	7:03	14	11:26	121	30:00
Eiserner Handwe	3.60	18:36	5:10	16	3:25	136	6:34	15.70	1:44:01	6:37	13	14:51	120	36:34
Schlüsie	4.10	17:58	4:22	22	2:53	155	6:26	19.80	2:01:59	6:09	14	17:44	122	43:00
Loddenke	3.10	15:18	4:56	19	2:46	130	5:20	22.90	2:17:17	5:59	10	20:30	92	48:20
Ilseburg/Markt	3.30	18:08	5:29	27	4:46	165	7:06	26.20	2:35:25	5:55	19	25:16	142	55:26