



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Reuß, Steffen

Club: Ballenstedt
Number: 329

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:35:28

Speed: 10.11 km/h
Running performance: 5:56 min/km

Rank in course/Total: 158 (of 418)

Rank in course/Men: 144 (of 336)

Best time in course: 1:39:59

Rank in category: 21(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	6:02	29	3:11	195	7:55	3.30	19:55	6:02	29	3:11	195	7:55
Schlüsie	3.10	20:57	6:45	21	2:43	171	7:30	6.40	40:52	6:23	23	6:24	176	15:25
Hermannsklippe	2.60	17:59	6:55	16	2:19	133	6:11	9.00	58:51	6:32	21	8:43	163	21:36
Brocken	3.10	29:36	9:32	19	5:45	142	11:26	12.10	1:28:27	7:18	19	14:28	150	33:02
Eiserner Handwe	3.60	19:41	5:28	24	4:30	177	7:39	15.70	1:48:08	6:53	21	18:58	153	40:41
Schlüsie	4.10	17:49	4:20	20	2:44	145	6:17	19.80	2:05:57	6:21	23	21:42	154	46:58
Loddenke	3.10	14:29	4:40	12	1:57	90	4:31	22.90	2:20:26	6:07	18	23:39	113	51:29
Ilseburg/Markt	3.30	15:02	4:33	8	1:40	58	4:00	26.20	2:35:28	5:56	21	25:19	144	55:29