



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Stengel, Torsten

Club: Wiesbaden
Number: 394

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:37:42

Speed: 9.97 km/h
Running performance: 6:01 min/km

Rank in course/Total: 175 (of 418)

Rank in course/Men: 157 (of 336)

Best time in course: 1:39:59

Rank in category: 18(of 43)

Best time in the category: 1:59:27

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:27 | 5:53 | 23 | 4:30 | 171 | 7:27 | 3.30 | 19:27 | 5:53 | 23 | 4:30 | 171 | 7:27 |
| Schlüsie | 3.10 | 19:57 | 6:26 | 12 | 4:10 | 119 | 6:30 | 6.40 | 39:24 | 6:09 | 19 | 8:14 | 143 | 13:57 |
| Hermannsklippe | 2.60 | 18:05 | 6:57 | 17 | 4:33 | 139 | 6:17 | 9.00 | 57:29 | 6:23 | 17 | 12:47 | 138 | 20:14 |
| Brocken | 3.10 | 29:53 | 9:38 | 18 | 8:10 | 152 | 11:43 | 12.10 | 1:27:22 | 7:13 | 17 | 20:57 | 139 | 31:57 |
| Eiserner Handwe | 3.60 | 18:27 | 5:07 | 16 | 3:35 | 128 | 6:25 | 15.70 | 1:45:49 | 6:44 | 17 | 24:32 | 140 | 38:22 |
| Schlüsie | 4.10 | 18:27 | 4:30 | 21 | 4:12 | 172 | 6:55 | 19.80 | 2:04:16 | 6:16 | 18 | 28:12 | 142 | 45:17 |
| Loddenke | 3.10 | 16:06 | 5:11 | 22 | 4:39 | 156 | 6:08 | 22.90 | 2:20:22 | 6:07 | 15 | 32:51 | 112 | 51:25 |
| Ilseburg/Markt | 3.30 | 17:20 | 5:15 | 20 | 5:24 | 136 | 6:18 | 26.20 | 2:37:42 | 6:01 | 18 | 38:15 | 157 | 57:43 |