



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Bettermann, Rainer**

Club: TSV 1850/09 Korbach  
Number: 64

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:38:22

Speed: 9.85 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 177 (of 418)

Rank in course/Men: 159 (of 336)

Best time in course: 1:39:59

Rank in category: 25(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:56	6:02	30	3:12	196	7:56	3.30	19:56	6:02	30	3:12	196	7:56
Schlüsie	3.10	20:58	6:45	22	2:44	173	7:31	6.40	40:54	6:23	25	6:26	180	15:27
Hermannsklippe	2.60	18:29	7:06	18	2:49	156	6:41	9.00	59:23	6:35	23	9:15	174	22:08
Brocken	3.10	30:22	9:47	22	6:31	169	12:12	12.10	1:29:45	7:25	24	15:46	170	34:20
Eiserner Handwe	3.60	19:28	5:24	23	4:17	169	7:26	15.70	1:49:13	6:57	26	20:03	167	41:46
Schlüsie	4.10	18:15	4:27	25	3:10	165	6:43	19.80	2:07:28	6:26	24	23:13	163	48:29
Loddenke	3.10	14:37	4:42	15	2:05	100	4:39	22.90	2:22:05	6:12	19	25:18	123	53:08
Ilseburg/Markt	3.30	16:17	4:56	15	2:55	100	5:15	26.20	2:38:22	6:02	25	28:13	159	58:23