



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

**Birla, Clemens**

Club: Dernau  
Number: 68

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:39:57

Speed: 9.75 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 184 (of 418)

Rank in course/Men: 163 (of 336)

Best time in course: 1:39:59

Rank in category: 20(of 29)

Best time in the category: 1:55:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:28	6:12	22	6:50	219	8:28	3.30	20:28	6:12	22	6:50	219	8:28
Schlüsie	3.10	20:30	6:36	19	5:05	143	7:03	6.40	40:58	6:24	20	11:22	182	15:31
Hermannsklippe	2.60	17:49	6:51	18	4:12	124	6:01	9.00	58:47	6:31	20	15:10	161	21:32
Brocken	3.10	29:28	9:30	18	8:29	139	11:18	12.10	1:28:15	7:17	19	22:34	147	32:50
Eiserner Handwe	3.60	20:05	5:34	22	7:02	198	8:03	15.70	1:48:20	6:54	19	28:16	155	40:53
Schlüsie	4.10	18:41	4:33	21	5:56	184	7:09	19.80	2:07:01	6:24	20	34:12	161	48:02
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	32:56	9:58	29	19:55	310	21:54	26.20	2:39:57	6:06	20	44:39	163	59:58