



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Nowotny, Erwin

Club: Meilenweit Potsdam
Number: 292

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:41:50

Speed: 9.64 km/h
Running performance: 6:11 min/km

Rank in course/Total: 191 (of 418)

Rank in course/Men: 169 (of 336)

Best time in course: 1:39:59

Rank in category: 12(of 29)

Best time in the category: 2:11:24

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:43	5:40	9	2:12	143	6:43	3.30	18:43	5:40	9	2:12	143	6:43
Schlüsie	3.10	22:50	7:21	17	5:27	253	9:23	6.40	41:33	6:29	13	7:39	200	16:06
Hermannsklippe	2.60	19:11	7:22	13	4:03	200	7:23	9.00	1:00:44	6:44	13	11:42	196	23:29
Brocken	3.10	31:31	10:09	13	6:32	197	13:21	12.10	1:32:15	7:37	14	18:14	199	36:50
Eiserner Handwe	3.60	19:21	5:22	13	3:56	165	7:19	15.70	1:51:36	7:06	13	22:10	191	44:09
Schlüsie	4.10	18:02	4:23	10	3:40	157	6:30	19.80	2:09:38	6:32	12	25:22	182	50:39
Loddenke	3.10	14:55	4:48	9	2:23	107	4:57	22.90	2:24:33	6:18	11	27:45	131	55:36
Ilseburg/Markt	3.30	17:17	5:14	11	3:07	133	6:15	26.20	2:41:50	6:10	12	30:26	169	1:01:51