



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Baum, Olaf

Club: Laatzen
Number: 53

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:42:00

Speed: 9.63 km/h
Running performance: 6:11 min/km

Rank in course/Total: 192 (of 418)

Rank in course/Men: 170 (of 336)

Best time in course: 1:39:59

Rank in category: 22(of 29)

Best time in the category: 1:55:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	20	5:56	178	7:34	3.30	19:34	5:55	20	5:56	178	7:34
Schlüsie	3.10	21:41	6:59	23	6:16	203	8:14	6.40	41:15	6:26	21	11:39	187	15:48
Hermannsklippe	2.60	19:29	7:29	22	5:52	212	7:41	9.00	1:00:44	6:44	21	17:07	196	23:29
Brocken	3.10	31:23	10:07	23	10:24	195	13:13	12.10	1:32:07	7:36	23	26:26	198	36:42
Eiserner Handwe	3.60	18:33	5:09	13	5:30	132	6:31	15.70	1:50:40	7:02	22	30:36	180	43:13
Schlüsie	4.10	18:09	4:25	19	5:24	162	6:37	19.80	2:08:49	6:30	22	36:00	176	49:50
Loddenke	3.10	15:11	4:53	15	3:34	123	5:13	22.90	2:24:00	6:17	16	36:30	129	55:03
Ilseburg/Markt	3.30	18:00	5:27	17	4:59	160	6:58	26.20	2:42:00	6:10	22	46:42	170	1:02:01