



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Hoinkhaus, Ulrich

Club: TSV Herberhausen
Number: 177

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:42:26

Speed: 9.68 km/h
Running performance: 6:12 min/km

Rank in course/Total: 195 (of 418)

Rank in course/Men: 173 (of 336)

Best time in course: 1:39:59

Rank in category: 20(of 43)

Best time in the category: 1:59:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:12	5:49	20	4:15	159	7:12	3.30	19:12	5:49	20	4:15	159	7:12
Schlüsie	3.10	20:56	6:45	20	5:09	169	7:29	6.40	40:08	6:16	22	8:58	160	14:41
Hermannsklippe	2.60	19:14	7:23	26	5:42	204	7:26	9.00	59:22	6:35	22	14:40	173	22:07
Brocken	3.10	30:38	9:52	22	8:55	173	12:28	12.10	1:30:00	7:26	22	23:35	173	34:35
Eiserner Handwe	3.60	19:29	5:24	23	4:37	170	7:27	15.70	1:49:29	6:58	19	28:12	172	42:02
Schlüsie	4.10	18:27	4:30	21	4:12	172	6:55	19.80	2:07:56	6:27	19	31:52	168	48:57
Loddenke	3.10	16:06	5:11	22	4:39	156	6:08	22.90	2:24:02	6:17	16	36:31	130	55:05
Ilseburg/Markt	3.30	18:24	5:34	25	6:28	173	7:22	26.20	2:42:26	6:11	20	42:59	173	1:02:27