



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Frese, Tim**

Club: Bordesholmer Sportkegler  
Number: 122

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:44:17

Speed: 9.50 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 213 (of 418)

Rank in course/Men: 189 (of 336)

Best time in course: 1:39:59

Rank in category: 23(of 43)

Best time in the category: 1:59:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:20	5:51	22	4:23	168	7:20	3.30	19:20	5:51	22	4:23	168	7:20
Schlüsie	3.10	21:12	6:50	21	5:25	185	7:45	6.40	40:32	6:19	25	9:22	171	15:05
Hermannsklippe	2.60	19:00	7:18	23	5:28	186	7:12	9.00	59:32	6:36	23	14:50	177	22:17
Brocken	3.10	32:06	10:21	27	10:23	211	13:56	12.10	1:31:38	7:34	23	25:13	192	36:13
Eiserner Handwe	3.60	19:17	5:21	22	4:25	162	7:15	15.70	1:50:55	7:03	22	29:38	184	43:28
Schlüsie	4.10	19:20	4:42	25	5:05	201	7:48	19.80	2:10:15	6:34	23	34:11	186	51:16
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	34:02	10:18	41	22:06	317	23:00	26.20	2:44:17	6:16	23	44:50	189	1:04:18