



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Dallmann, Stefan

Club: Berlin
Number: 85

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:49:00

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 252 (of 418)

Rank in course/Men: 218 (of 336)

Best time in course: 1:39:59

Rank in category: 39(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:19	6:09	36	5:49	210	8:19	3.30	20:19	6:09	36	5:49	210	8:19
Schlüsie	3.10	23:00	7:25	49	7:25	260	9:33	6.40	43:19	6:46	44	13:14	245	17:52
Hermannsklippe	2.60	20:45	7:58	48	6:51	254	8:57	9.00	1:04:04	7:07	46	20:05	251	26:49
Brocken	3.10	34:25	11:06	48	11:39	255	16:15	12.10	1:38:29	8:08	48	31:38	256	43:04
Eiserner Handwe	3.60	18:11	5:03	24	3:52	118	6:09	15.70	1:56:40	7:25	45	34:06	237	49:13
Schlüsie	4.10	17:29	4:15	23	3:58	125	5:57	19.80	2:14:09	6:46	40	38:04	219	55:10
Loddenke	3.10	17:09	5:31	35	5:20	191	7:11	22.90	2:31:18	6:36	32	42:01	175	1:02:21
Ilseburg/Markt	3.30	17:42	5:21	25	4:52	150	6:40	26.20	2:49:00	6:27	39	48:15	218	1:09:01