



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Sary, Dieter

Club: Harz-Gebirgslauf Wernigerode
Number: 392

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:51:25

Speed: 9.10 km/h
Running performance: 6:32 min/km

Rank in course/Total: 266 (of 418)

Rank in course/Men: 230 (of 336)

Best time in course: 1:39:59

Rank in category: 16(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:44	5:58	15	3:13	183	7:44	3.30	19:44	5:58	15	3:13	183	7:44
Schlüsie	3.10	22:04	7:07	14	4:41	214	8:37	6.40	41:48	6:31	14	7:54	209	16:21
Hermannsklippe	2.60	19:42	7:34	15	4:34	217	7:54	9.00	1:01:30	6:49	14	12:28	207	24:15
Brocken	3.10	31:53	10:17	15	6:54	206	13:43	12.10	1:33:23	7:43	15	19:22	210	37:58
Eiserner Handwe	3.60	20:29	5:41	17	5:04	217	8:27	15.70	1:53:52	7:15	16	24:26	213	46:25
Schlüsie	4.10	20:15	4:56	20	5:53	248	8:43	19.80	2:14:07	6:46	16	29:51	218	55:08
Loddenke	3.10	17:08	5:31	15	4:36	190	7:10	22.90	2:31:15	6:36	14	34:27	174	1:02:18
Ilseburg/Markt	3.30	20:10	6:06	17	6:00	216	9:08	26.20	2:51:25	6:32	16	40:01	230	1:11:26