



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Grosch, Jörn

Club: Hamburg
Number: 146

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:51:20

Speed: 9.11 km/h
Running performance: 6:32 min/km

Rank in course/Total: 265 (of 418)

Rank in course/Men: 229 (of 336)

Best time in course: 1:39:59

Rank in category: 42(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:51	6:55	49	9:25	308	10:51	3.30	22:51	6:55	49	9:25	308	10:51
Schlüsie	3.10	23:38	7:37	46	8:18	276	10:11	6.40	46:29	7:15	48	17:43	297	21:02
Hermannsklippe	2.60	19:51	7:38	44	6:43	227	8:03	9.00	1:06:20	7:22	45	24:09	276	29:05
Brocken	3.10	36:09	11:39	46	15:16	283	17:59	12.10	1:42:29	8:28	45	38:34	282	47:04
Eiserner Handwe	3.60	19:51	5:30	33	6:12	184	7:49	15.70	2:02:20	7:47	45	44:03	268	54:53
Schlüsie	4.10	17:32	4:16	27	4:49	132	6:00	19.80	2:19:52	7:03	44	48:12	254	1:00:53
Loddenke	3.10	14:39	4:43	20	3:33	103	4:41	22.90	2:34:31	6:44	32	51:45	187	1:05:34
Ilseburg/Markt	3.30	16:49	5:05	20	4:30	118	5:47	26.20	2:51:20	6:32	42	56:14	229	1:11:21