



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Köhler, Ludwig

Club: TV Plieningen
Number: 217

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:52:53

Speed: 9.02 km/h
Running performance: 6:36 min/km

Rank in course/Total: 276 (of 418)

Rank in course/Men: 239 (of 336)

Best time in course: 1:39:59

Rank in category: 10(of 19)

Best time in the category: 2:24:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:37	6:33	14	4:09	272	9:37	3.30	21:37	6:33	14	4:09	272	9:37
Schlüsie	3.10	22:34	7:16	8	3:07	235	9:07	6.40	44:11	6:54	10	7:15	258	18:44
Hermannsklippe	2.60	19:58	7:40	10	2:48	234	8:10	9.00	1:04:09	7:07	9	9:43	255	26:54
Brocken	3.10	31:36	10:11	9	3:37	200	13:26	12.10	1:35:45	7:54	9	12:54	232	40:20
Eiserner Handwe	3.60	21:48	6:03	12	4:49	258	9:46	15.70	1:57:33	7:29	10	17:43	241	50:06
Schlüsie	4.10	20:50	5:04	12	4:48	265	9:18	19.80	2:18:23	6:59	10	22:25	243	59:24
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	34:30	10:27	19	19:23	318	23:28	26.20	2:52:53	6:35	10	28:12	239	1:12:54