



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Maihs, Andreas

Club: Pattensen
Number: 262

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:54:43

Speed: 8.93 km/h
Running performance: 6:40 min/km

Rank in course/Total: 286 (of 418)

Rank in course/Men: 249 (of 336)

Best time in course: 1:39:59

Rank in category: 44(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:47	6:36	50	7:17	277	9:47	3.30	21:47	6:36	50	7:17	277	9:47
Schlüsie	3.10	23:35	7:36	53	8:00	275	10:08	6.40	45:22	7:05	51	15:17	281	19:55
Hermannsklippe	2.60	21:44	8:21	52	7:50	282	9:56	9.00	1:07:06	7:27	54	23:07	290	29:51
Brocken	3.10	33:46	10:53	47	11:00	247	15:36	12.10	1:40:52	8:20	52	34:01	270	45:27
Eiserner Handwe	3.60	20:16	5:37	39	5:57	206	8:14	15.70	2:01:08	7:42	51	38:34	261	53:41
Schlüsie	4.10	18:43	4:33	33	5:12	187	7:11	19.80	2:19:51	7:03	47	43:46	253	1:00:52
Loddenke	3.10	16:11	5:13	28	4:22	162	6:13	22.90	2:36:02	6:48	36	46:45	196	1:07:05
Ilseburg/Markt	3.30	18:41	5:39	32	5:51	186	7:39	26.20	2:54:43	6:40	44	53:58	249	1:14:44