



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Hintzen, Colette

Club: Magdeburg
Number: 174

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:02:07

Speed: 8.63 km/h
Running performance: 6:57 min/km

Rank in course/Total: 317 (of 418)

Rank in course/Women: 46 (of 82)

Best time in course: 2:03:06

Rank in category: 8(of 12)

Best time in the category: 2:43:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:50	6:36	5	2:43	46	6:57	3.30	21:50	6:36	5	2:43	46	6:57
Schlüsie	3.10	23:51	7:41	8	2:45	44	7:32	6.40	45:41	7:08	6	5:17	45	14:29
Hermannsklippe	2.60	22:01	8:28	9	3:20	48	7:36	9.00	1:07:42	7:31	9	7:28	49	22:05
Brocken	3.10	35:01	11:17	9	4:08	43	12:11	12.10	1:42:43	8:29	9	11:19	45	34:16
Eiserner Handwe	3.60	21:58	6:06	9	2:53	54	6:55	15.70	2:04:41	7:56	9	12:56	45	41:11
Schlüsie	4.10	21:18	5:11	8	3:42	52	7:22	19.80	2:25:59	7:22	8	14:17	47	47:38
Loddenke	3.10	16:45	5:24	8	2:07	39	5:01	22.90	2:42:44	7:06	8	15:36	40	49:41
Ilseburg/Markt	3.30	19:23	5:52	8	3:05	47	6:19	26.20	3:02:07	6:57	8	18:41	46	59:01