



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Smid, Jürgen

Club: Nörten-Hardenberg
Number: 383

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:05:44

Speed: 8.40 km/h
Running performance: 7:05 min/km

Rank in course/Total: 340 (of 418)

Rank in course/Men: 288 (of 336)

Best time in course: 1:39:59

Rank in category: 20(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:06	6:23	21	4:35	248	9:06	3.30	21:06	6:23	21	4:35	248	9:06
Schlüsie	3.10	23:28	7:34	18	6:05	270	10:01	6.40	44:34	6:57	19	10:40	266	19:07
Hermannsklippe	2.60	21:30	8:16	18	6:22	269	9:42	9.00	1:06:04	7:20	19	17:02	272	28:49
Brocken	3.10	37:24	12:03	22	12:25	304	19:14	12.10	1:43:28	8:33	19	29:27	289	48:03
Eiserner Handwe	3.60	22:00	6:06	22	6:35	265	9:58	15.70	2:05:28	7:59	19	36:02	286	58:01
Schlüsie	4.10	23:09	5:38	25	8:47	305	11:37	19.80	2:28:37	7:30	20	44:21	292	1:09:38
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	37:07	11:14	28	22:57	327	26:05	26.20	3:05:44	7:05	20	54:20	288	1:25:45