



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Krutzsch, Cindy

Club: LG Mauerweg Berlin e.V.
Number: 231

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:06:51

Speed: 8.35 km/h
Running performance: 7:08 min/km

Rank in course/Total: 341 (of 418)

Rank in course/Women: 53 (of 82)

Best time in course: 2:03:06

Rank in category: 14(of 16)

Best time in the category: 2:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:58	6:57	15	6:14	62	8:05	3.30	22:58	6:57	15	6:14	62	8:05
Schlüsie	3.10	25:19	8:09	14	6:56	54	9:00	6.40	48:17	7:32	15	12:45	58	17:05
Hermannsklippe	2.60	22:24	8:36	14	6:18	52	7:59	9.00	1:10:41	7:51	14	19:03	56	25:04
Brocken	3.10	35:24	11:25	12	9:38	47	12:34	12.10	1:46:05	8:46	14	28:35	54	37:38
Eiserner Handwe	3.60	22:28	6:14	13	7:09	57	7:25	15.70	2:08:33	8:11	14	35:44	53	45:03
Schlüsie	4.10	21:32	5:15	14	7:27	56	7:36	19.80	2:30:05	7:34	14	43:11	55	51:44
Loddenke	3.10	17:10	5:32	9	3:43	41	5:26	22.90	2:47:15	7:18	11	34:46	46	54:12
Ilseburg/Markt	3.30	19:36	5:56	12	4:29	49	6:32	26.20	3:06:51	7:07	14	53:21	53	1:03:45