



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Rosenbaum, Birgit

Club: LSG Kassel
Number: 338

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 3:09:40

Speed: 8.22 km/h
Running performance: 7:14 min/km

Rank in course/Total: 348 (of 418)

Rank in course/Women: 56 (of 82)

Best time in course: 2:03:06

Rank in category: 1(of 4)

Best time in the category: 3:09:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:33	6:13	1	-	28	5:40	3.30	20:33	6:13	1	-	28	5:40
Schlüsie	3.10	27:30	8:52	2	1:30	71	11:11	6.40	48:03	7:30	1	-	57	16:51
Hermannsklippe	2.60	23:36	9:04	2	0:03	60	9:11	9.00	1:11:39	7:57	1	-	58	26:02
Brocken	3.10	36:00	11:36	1	-	49	13:10	12.10	1:47:39	8:53	1	-	56	39:12
Eiserner Handwe	3.60	22:25	6:13	1	-	56	7:22	15.70	2:10:04	8:17	1	-	56	46:34
Schlüsie	4.10	19:37	4:47	1	-	35	5:41	19.80	2:29:41	7:33	1	-	53	51:20
Loddenke	3.10	17:01	5:29	1	-	40	5:17	22.90	2:46:42	7:16	1	-	43	53:39
Ilseburg/Markt	3.30	22:58	6:57	2	3:13	65	9:54	26.20	3:09:40	7:14	1	-	56	1:06:34