



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Jakobi, Joachim

Club: LG Pronsfeld-Lünebach
Number: 191

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:10:27

Speed: 8.19 km/h
Running performance: 7:16 min/km

Rank in course/Total: 351 (of 418)

Rank in course/Men: 293 (of 336)

Best time in course: 1:39:59

Rank in category: 45(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:21	7:04	50	6:37	313	11:21	3.30	23:21	7:04	50	6:37	313	11:21
Schlüsie	3.10	25:28	8:12	46	7:14	305	12:01	6.40	48:49	7:37	49	14:21	313	23:22
Hermannsklippe	2.60	23:02	8:51	45	7:22	305	11:14	9.00	1:11:51	7:58	50	21:43	313	34:36
Brocken	3.10	37:17	12:01	46	13:26	302	19:07	12.10	1:49:08	9:01	49	35:09	310	53:43
Eiserner Handwe	3.60	22:30	6:15	41	7:19	278	10:28	15.70	2:11:38	8:23	49	42:28	308	1:04:11
Schlüsie	4.10	21:24	5:13	40	6:19	277	9:52	19.80	2:33:02	7:43	48	48:47	305	1:14:03
Loddenke	3.10	17:23	5:36	30	4:51	200	7:25	22.90	2:50:25	7:26	40	53:38	236	1:21:28
Ilseburg/Markt	3.30	20:02	6:04	33	6:40	214	9:00	26.20	3:10:27	7:16	45	1:00:18	293	1:30:28