



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Lyashenko, Daria

Club: Endurance School
Number: 258

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 3:10:58

Speed: 8.17 km/h
Running performance: 7:17 min/km

Rank in course/Total: 353 (of 418)

Rank in course/Women: 59 (of 82)

Best time in course: 2:03:06

Rank in category: 7(of 8)

Best time in the category: 2:06:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:53	7:14	8	9:00	72	9:00	3.30	23:53	7:14	8	9:00	72	9:00
Schlüsie	3.10	26:19	8:29	7	9:04	60	10:00	6.40	50:12	7:50	8	18:04	68	19:00
Hermannsklippe	2.60	23:54	9:11	7	8:49	62	9:29	9.00	1:14:06	8:13	7	26:53	64	28:29
Brocken	3.10	35:39	11:30	6	10:49	48	12:49	12.10	1:49:45	9:04	7	37:42	59	41:18
Eiserner Handwe	3.60	23:57	6:39	8	8:53	62	8:54	15.70	2:13:42	8:30	7	46:32	60	50:12
Schlüsie	4.10	21:19	5:11	5	7:23	53	7:23	19.80	2:35:01	7:49	7	53:42	60	56:40
Loddenke	3.10	17:29	5:38	5	5:45	47	5:45	22.90	2:52:30	7:31	7	59:27	52	59:27
Ilseburg/Markt	3.30	18:28	5:35	5	5:24	38	5:24	26.20	3:10:58	7:17	7	1:04:51	59	1:07:52