



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Wahren, Michael

Club: Stade  
Number: 436

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 3:13:36

Speed: 8.12 km/h  
Running performance: 7:23 min/km

Rank in course/Total: 363 (of 418)

Rank in course/Men: 302 (of 336)

Best time in course: 1:39:59

Rank in category: 48(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:41	6:52	48	9:15	304	10:41	3.30	22:41	6:52	48	9:15	304	10:41
Schlüsie	3.10	24:24	7:52	49	9:04	293	10:57	6.40	47:05	7:21	49	18:19	304	21:38
Hermannsklippe	2.60	22:29	8:38	50	9:21	296	10:41	9.00	1:09:34	7:43	49	27:23	302	32:19
Brocken	3.10	36:58	11:55	48	16:05	298	18:48	12.10	1:46:32	8:48	50	42:37	304	51:07
Eiserner Handwe	3.60	22:21	6:12	45	8:42	274	10:19	15.70	2:08:53	8:12	49	50:36	300	1:01:26
Schlüsie	4.10	21:59	5:21	47	9:16	284	10:27	19.80	2:30:52	7:37	48	59:12	298	1:11:53
Loddenke	3.10	20:49	6:42	36	9:43	252	10:51	22.90	2:51:41	7:29	36	1:08:55	239	1:22:44
Ilseburg/Markt	3.30	21:55	6:38	36	9:36	241	10:53	26.20	3:13:36	7:23	48	1:18:30	302	1:33:37