



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Fischer, Steffen

Club: LSG80Schmückeläufer
Number: 116

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:29:16

Speed: 7.45 km/h
Running performance: 7:59 min/km

Rank in course/Total: 398 (of 418)

Rank in course/Men: 325 (of 336)

Best time in course: 1:39:59

Rank in category: 59(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:52	7:13	59	9:22	321	11:52	3.30	23:52	7:13	59	9:22	321	11:52
Schlüsie	3.10	27:41	8:55	60	12:06	323	14:14	6.40	51:33	8:03	59	21:28	326	26:06
Hermannsklippe	2.60	25:17	9:43	58	11:23	325	13:29	9.00	1:16:50	8:32	59	32:51	326	39:35
Brocken	3.10	39:21	12:41	57	16:35	324	21:11	12.10	1:56:11	9:36	59	49:20	327	1:00:46
Eiserner Handwe	3.60	25:34	7:06	57	11:15	315	13:32	15.70	2:21:45	9:01	58	59:11	324	1:14:18
Schlüsie	4.10	23:40	5:46	55	10:09	312	12:08	19.80	2:45:25	8:21	57	1:09:20	322	1:26:26
Loddenke	3.10	20:35	6:38	43	8:46	248	10:37	22.90	3:06:00	8:07	45	1:16:43	259	1:37:03
Ilseburg/Markt	3.30	23:16	7:03	44	10:26	254	12:14	26.20	3:29:16	7:59	59	1:28:31	325	1:49:17