



51. Brockenlauf Ilseburg / 03.09.2022

Detailed evaluation

Specht, Sylvana

Club: Brandenburg

Number: 387

Course: 26.20 km

26,2 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 3:54:21

Speed: 6.66 km/h

Running performance: 8:56 min/km

Rank in course/Total: 409 (of 418)

Rank in course/Women: 80 (of 82)

Best time in course: 2:03:06

Rank in category: 16(of 16)

Best time in the category: 2:13:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	25:15	7:39	16	8:31	78	10:22	3.30	25:15	7:39	16	8:31	78	10:22
Schlüsse	3.10	29:10	9:24	16	10:47	75	12:51	6.40	54:25	8:30	16	18:53	78	23:13
Hermannsklippe	2.60	26:58	10:22	16	10:52	78	12:33	9.00	1:21:23	9:02	16	29:45	78	35:46
Brocken	3.10	49:17	15:53	16	23:31	81	26:27	12.10	2:10:40	10:47	16	53:10	81	1:02:13
Eiserner Handweg	3.60	28:43	7:58	16	13:24	77	13:40	15.70	2:39:23	10:09	16	1:06:34	81	1:15:53
Schlüsse	4.10	26:39	6:30	16	12:34	76	12:43	19.80	3:06:02	9:23	16	1:19:08	81	1:27:41
Loddenke	3.10	23:06	7:27	13	9:39	70	11:22	22.90	3:29:08	9:07	13	1:16:39	71	1:36:05
Ilseburg/Markt	3.30	25:13	7:38	13	10:06	71	12:09	26.20	3:54:21	8:56	16	1:40:51	80	1:51:15