



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Quantmeyer, Walter

Club: Kalefeld  
Number: 319

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 4:03:33

Speed: 6.41 km/h  
Running performance: 9:18 min/km

Rank in course/Total: 414 (of 418)

Rank in course/Men: 333 (of 336)

Best time in course: 1:39:59

Rank in category: 3(of 3)

Best time in the category: 3:05:15

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 26:01      | 7:53         | 2           | 4:10        | 330     | 14:01      | 3.30          | 26:01      | 7:53         | 2        | 4:10        | 330     | 14:01      |
| Schlüsie           | 3.10     | 28:00      | 9:01         | 2           | 3:44        | 326     | 14:33      | 6.40          | 54:01      | 8:26         | 2        | 7:54        | 330     | 28:34      |
| Hermannsklippe     | 2.60     | 25:12      | 9:41         | 2           | 3:12        | 324     | 13:24      | 9.00          | 1:19:13    | 8:48         | 2        | 11:06       | 330     | 41:58      |
| Brocken            | 3.10     | 40:43      | 13:08        | 3           | 4:32        | 329     | 22:33      | 12.10         | 1:59:56    | 9:54         | 2        | 15:38       | 328     | 1:04:31    |
| Eiserner Handwe    | 3.60     | 33:34      | 9:19         | 3           | 11:21       | 334     | 21:32      | 15.70         | 2:33:30    | 9:46         | 3        | 26:59       | 330     | 1:26:03    |
| Schlüsie           | 4.10     | 31:24      | 7:39         | 3           | 10:56       | 336     | 19:52      | 19.80         | 3:04:54    | 9:20         | 3        | 37:43       | 332     | 1:45:55    |
| Loddenke           | 3.10     | 27:56      | 9:00         | 3           | 11:36       | 271     | 17:58      | 22.90         | 3:32:50    | 9:17         | 3        | 47:52       | 269     | 2:03:53    |
| Ilseburg/Markt     | 3.30     | 30:43      | 9:18         | 3           | 11:23       | 300     | 19:41      | 26.20         | 4:03:33    | 9:17         | 3        | 58:18       | 333     | 2:23:34    |