



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Berger, Benno

Club: LC Nanyuma
Number: 773

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 17:44

Speed: 10.15 km/h
Running performance: 4:33 min/km

Rank in course/Total: 3 (of 27)

Rank in course/Men: 3 (of 17)

Best time in course: 14:24

Rank in category: 1(of 6)

Best time in the category: 17:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time	min/km	Cat.
Prinzess Ilse Que	1.90	8:54	4:41	1	-	3	1:40	1.90	8:54	4:41	1	-	3	1:40
Ilseburg/Markt	2.00	8:50	4:25	1	-	3	1:40	3.90	17:44	4:32	1	-	3	3:20