



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Gottschling, Melissa

Club: Ilmenau
 Number: 291

Course: 18.50 km
 Lange Strecke

Category:
 Frauen (20-29 Jahre)

Total time: 1:43:13

Speed: 10.46 km/h
 Running performance: 5:35 min/km

Rank in course/Total: 54 (of 75)
 Rank in course/Women: 6 (of 18)
 Best time in course: 1:26:24

Rank in category: 1(of 3)
 Best time in the category: 1:43:13

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	51:55	5:34	3	0:37	9	9:58	9.30	51:55	5:34	4	0:37	19	9:58
Runde	9.00	50:28	5:36	1	-	5	6:51	18.30	1:42:23	5:35	1	-	19	16:49
Finish	0.20	0:50	4:10	1	-	1	-	18.50	1:43:13	5:34	1	-	6	16:49