



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Balbierer, Chris

Club: Rennsteiglaufverein
 Number: 272

Course: 18.50 km
 Lange Strecke

Category:
 Seniorinnen W50 (50-54 Jahre)

Total time: 1:43:57

Speed: 10.39 km/h
 Running performance: 5:37 min/km

Rank in course/Total: 56 (of 75)
 Rank in course/Women: 7 (of 18)
 Best time in course: 1:26:24

Rank in category: 2(of 4)
 Best time in the category: 1:33:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	51:13	5:30	2	5:28	6	9:16	9.30	51:13	5:30	5	5:28	19	9:16
Runde	9.00	51:32	5:43	2	4:45	7	7:55	18.30	1:42:45	5:36	5	10:13	19	17:11
Finish	0.20	1:12	5:59	4	0:15	18	0:22	18.50	1:43:57	5:37	2	10:28	7	17:33