



17. Ilmenauer Osterlauf
 Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Hagner, Lutz

Club: Stadtilm
 Number: 294

Course: 18.50 km
 Lange Strecke

Category:
 Senioren M60 (60-64 Jahre)

Total time: 1:46:10

Speed: 10.17 km/h
 Running performance: 5:44 min/km

Rank in course/Total: 60 (of 75)

Rank in course/Men: 51 (of 57)

Best time in course: 59:36

Rank in category: 7(of 9)

Best time in the category: 1:33:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	9.30	52:01	5:35	7	6:37	50	22:06	9.30	52:01	5:35	6	6:37	58	22:06
Runde	9.00	53:07	5:54	7	6:17	51	24:00	18.30	1:45:08	5:44	9	12:54	57	46:06
Finish	0.20	1:02	5:10	7	0:10	52	0:28	18.50	1:46:10	5:44	7	13:01	51	46:34