



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

179 BPM

Total time: 1:17:54

Number: 389

Course: 25.50 km

Triathlonstaffel

Rank in course: 18 (of 24)

Best time in course: 57:11

Category:

Mixed-Staffel

Rank in category: 13(of 19)

Best time in the category: 57:11

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | |
| Schwimmen nett | 0.50 | 11:44 | 23:27 | 14 | 4:28 | 18 | 4:33 | 0.50 | 11:44 | 23:27 | 14 | 4:28 | 18 | 4:33 | |
| Wechsel S -> R | 20.00 | 1:44 | 0:05 | 14 | 0:37 | 19 | 0:37 | 20.50 | 13:28 | 0:39 | 14 | 4:33 | 18 | 4:40 | |
| Schwimmen Total | 20.50 | 13:28 | 0:39 | 14 | 4:33 | 18 | 4:40 | 20.50 | 13:28 | 0:39 | 14 | 4:33 | 18 | 4:40 | |
| Rad netto | - | 41:30 | - | 14 | 12:35 | 18 | 12:35 | 20.50 | 54:58 | 2:40 | 15 | 17:08 | 20 | 17:08 | |
| Wechsel R -> L | - | 0:30 | - | 12 | 0:08 | 15 | 0:08 | 20.50 | 55:28 | 2:42 | 15 | 17:12 | 20 | 17:12 | |
| Rad Total | 0.00 | 42:00 | - | 14 | 12:39 | 18 | 12:39 | 20.50 | 55:28 | 2:42 | 15 | 17:12 | 20 | 17:12 | |
| Lauf | 5.00 | 22:26 | 4:29 | 10 | 4:32 | 15 | 4:32 | 25.50 | 1:17:54 | 3:03 | 13 | 20:43 | 18 | 20:43 | |