



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Michael Dreißigacker

Total time: 1:03:49

Club: Kletterhalle Bensheim

Number: 192

Course: 25.50 km

Rank in course/Total: 5 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 5 (of 210)

Best time in course: 59:54

Category:

Rank in category: 1(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:01	18:02	2	0:28	16	1:13	0.50	9:01	18:02	2	0:28	211	1:13	
Wechsel S -> R	-	1:56	-	3	0:06	18	0:35	0.50	10:57	21:53	1	-	211	1:10	
Schwimmen Total	0.50	10:57	21:53	1	-	211	1:10	0.50	10:57	21:53	1	-	211	1:10	
Rad netto	20.00	30:54	1:32	1	-	5	6:41	20.50	41:51	2:02	1	-	211	0:42	
Wechsel R -> L	-	1:11	-	16	0:39	113	0:45	20.50	43:02	2:05	1	-	211	1:07	
Rad Total	20.00	32:05	1:36	1	-	5	6:28	20.50	43:02	2:05	1	-	211	1:07	
Lauf Ziel	5.00	20:47	4:09	5	1:03	21	2:48	25.50	1:03:49	2:30	1	-	5	3:55	