



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Christian Lang

Total time: 1:09:52

Club: LT Hemsbach

Number: 307

Course: 25.50 km

Rank in course/Total: 32 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 31 (of 210)

Best time in course: 59:54

Category:

Rank in category: 5(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:19	20:37	6	1:46	61	2:31	0.50	10:19	20:37	29	1:46	211	2:31
Wechsel S -> R	-	2:32	-	11	0:42	68	1:11	0.50	12:51	25:41	29	1:54	211	3:04
Schwimmen Total	0.50	12:51	25:41	29	1:54	211	3:04	0.50	12:51	25:41	29	1:54	211	3:04
Rad netto	20.00	35:58	1:47	9	5:04	62	11:45	20.50	48:49	2:22	29	6:58	211	7:40
Wechsel R -> L	-	1:11	-	16	0:39	113	0:45	20.50	50:00	2:26	29	6:58	211	8:05
Rad Total	20.00	37:09	1:51	8	5:04	67	11:32	20.50	50:00	2:26	29	6:58	211	8:05
Lauf Ziel	5.00	19:52	3:58	3	0:08	11	1:53	25.50	1:09:52	2:44	5	6:03	31	9:58