



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Uwe Träutlein

Total time: 1:22:46

Number: 193

Course: 25.50 km

Rank in course/Total: 161 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 136 (of 210)

Best time in course: 59:54

Category:

Rank in category: 20(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:22	24:44	18	3:49	142	4:34	0.50	12:22	24:44	18	3:49	211	4:34
Wechsel S -> R	-	3:47	-	22	1:57	171	2:26	0.50	16:09	32:17	19	5:12	211	6:22
Schwimmen Total	0.50	16:09	32:17	19	5:12	211	6:22	0.50	16:09	32:17	19	5:12	211	6:22
Rad netto	20.00	40:41	2:02	23	9:47	158	16:28	20.50	56:50	2:46	21	14:59	211	15:41
Wechsel R -> L	-	0:52	-	5	0:20	52	0:26	20.50	57:42	2:48	21	14:40	211	15:47
Rad Total	20.00	41:33	2:04	22	9:28	157	15:56	20.50	57:42	2:48	21	14:40	211	15:47
Lauf Ziel	5.00	25:04	5:00	15	5:20	107	7:05	25.50	1:22:46	3:14	20	18:57	136	22:52