



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Michael Niebel

Total time: 1:23:21

Club: SKG Stockstadt

Number: 187

Course: 25.50 km

Rank in course/Total: 167 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 140 (of 210)

Best time in course: 59:54

Category:

Rank in category: 21(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	15:05	30:10	26	6:32	198	7:17	0.50	15:05	30:10	26	6:32	211	7:17
Wechsel S -> R	-	2:41	-	13	0:51	88	1:20	0.50	17:46	35:31	24	6:49	211	7:59
Schwimmen Total	0.50	17:46	35:31	24	6:49	211	7:59	0.50	17:46	35:31	24	6:49	211	7:59
Rad netto	20.00	38:09	1:54	17	7:15	108	13:56	20.50	55:55	2:43	18	14:04	211	14:46
Wechsel R -> L	-	1:27	-	23	0:55	164	1:01	20.50	57:22	2:47	19	14:20	211	15:27
Rad Total	20.00	39:36	1:58	17	7:31	112	13:59	20.50	57:22	2:47	19	14:20	211	15:27
Lauf Ziel	5.00	25:59	5:11	17	6:15	128	8:00	25.50	1:23:21	3:16	21	19:32	140	23:27