



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Frank Niebler

Total time: 1:16:08

Number: 211

Course: 25.50 km

Rank in course/Total: 90 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 80 (of 210)

Best time in course: 59:54

Category:

Rank in category: 14(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:06	24:11	20	4:18	132	4:18	0.50	12:06	24:11	38	4:18	211	4:18
Wechsel S -> R	-	2:15	-	6	0:26	38	0:54	0.50	14:21	28:41	38	3:27	211	4:34
Schwimmen Total	0.50	14:21	28:41	38	3:27	211	4:34	0.50	14:21	28:41	38	3:27	211	4:34
Rad netto	20.00	35:14	1:45	8	2:19	52	11:01	20.50	49:35	2:25	38	5:34	211	8:26
Wechsel R -> L	-	1:21	-	22	0:44	144	0:55	20.50	50:56	2:29	38	6:07	211	9:01
Rad Total	20.00	36:35	1:49	9	2:40	56	10:58	20.50	50:56	2:29	38	6:07	211	9:01
Lauf Ziel	5.00	25:12	5:02	17	4:57	112	7:13	25.50	1:16:08	2:59	14	10:41	80	16:14