



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

**Stefan Basin**

**Total time: 1:19:53**

Club: Waschsalon Nora Worms

Number: 209

Course: 25.50 km

Rank in course/Total: 132 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 116 (of 210)

Best time in course: 59:54

Category:

Rank in category: 19(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	13:00	26:00	27	5:12	162	5:12	0.50	13:00	26:00	38	5:12	211	5:12
Wechsel S -> R	-	2:44	-	15	0:55	94	1:23	0.50	15:44	31:27	38	4:50	211	5:57
Schwimmen Total	0.50	15:44	31:27	38	4:50	211	5:57	0.50	15:44	31:27	38	4:50	211	5:57
Rad netto	20.00	36:59	1:50	16	4:04	85	12:46	20.50	52:43	2:34	38	8:42	211	11:34
Wechsel R -> L	-	1:46	-	32	1:09	191	1:20	20.50	54:29	2:39	38	9:40	211	12:34
Rad Total	20.00	38:45	1:56	18	4:50	94	13:08	20.50	54:29	2:39	38	9:40	211	12:34
Lauf Ziel	5.00	25:24	5:04	18	5:09	116	7:25	25.50	1:19:53	3:07	19	14:26	116	19:59