



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Martin Schmitz

Total time: 1:20:16

Number: 133

Course: 25.50 km

Rank in course/Total: 138 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 121 (of 210)

Best time in course: 59:54

Category:

Rank in category: 20(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	13:41	27:22	31	5:53	181	5:53	0.50	13:41	27:22	38	5:53	211	5:53	
Wechsel S -> R	-	3:16	-	23	1:27	140	1:55	0.50	16:57	33:53	38	6:03	211	7:10	
Schwimmen Total	0.50	16:57	33:53	38	6:03	211	7:10	0.50	16:57	33:53	38	6:03	211	7:10	
Rad netto	20.00	37:42	1:53	18	4:47	100	13:29	20.50	54:39	2:39	38	10:38	139	13:30	
Wechsel R -> L	-	0:51	-	5	0:14	47	0:25	20.50	55:30	2:42	38	10:41	132	13:35	
Rad Total	20.00	38:33	1:55	16	4:38	90	12:56	20.50	55:30	2:42	38	10:41	132	13:35	
Lauf Ziel	5.00	24:46	4:57	15	4:31	99	6:47	25.50	1:20:16	3:08	20	14:49	121	20:22	