



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Christian Verweyen

Total time: 1:30:35

Number: 134

Course: 25.50 km

Rank in course/Total: 226 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 177 (of 210)

Best time in course: 59:54

Category:

Rank in category: 30(of 37)

Senioren 4 (TM 55)

Best time in the category: 1:05:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:24	28:48	33	6:36	191	6:36	0.50	14:24	28:48	38	6:36	211	6:36
Wechsel S -> R	-	3:59	-	34	2:10	179	2:38	0.50	18:23	36:45	38	7:29	211	8:36
Schwimmen Total	0.50	18:23	36:45	38	7:29	211	8:36	0.50	18:23	36:45	38	7:29	211	8:36
Rad netto	20.00	43:45	2:11	33	10:50	192	19:32	20.50	1:02:08	3:01	38	18:07	193	20:59
Wechsel R -> L	-	1:06	-	16	0:29	98	0:40	20.50	1:03:14	3:05	38	18:25	193	21:19
Rad Total	20.00	44:51	2:14	32	10:56	189	19:14	20.50	1:03:14	3:05	38	18:25	193	21:19
Lauf Ziel	5.00	27:21	5:28	24	7:06	144	9:22	25.50	1:30:35	3:33	30	25:08	177	30:41